Ontario and Toronto UTI resources

Coverage and navigation notes for a primary-care conversation. Eligibility, fees and referral rules can change; confirm them directly.

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General health information only. This guide does not diagnose a condition or replace an assessment by a qualified clinician.

OHIP and insured care

OHIP generally covers medically necessary insured physician services and insured hospital services for eligible people. A primary-care assessment, clinically indicated examination or hospital assessment may be insured depending on the service and setting. Laboratory and imaging rules depend on the ordering clinician, location and service; confirm the exact pathway.

Pharmacy minor-ailment pathway

Ontario pharmacists may assess and prescribe for some uncomplicated UTIs under the minor-ailment pathway. Eligibility, pregnancy status, age, symptoms, exclusions, documentation and pharmacy participation matter. Complicated symptoms or red flags should be directed to a physician, nurse practitioner or hospital pathway.

Prescription coverage

Medicines dispensed outside hospital are not automatically paid by OHIP. ODB, OHIP+, Trillium, Ontario Works/ODSP, home-care coverage and private plans have different eligibility and formularies. Ask the pharmacist to check the current program and cost.

Toronto and Ontario links

Health811: https://www.ontario.ca/page/health811

Ontario pharmacies: https://www.ontario.ca/page/pharmacies

OHIP coverage: https://www.ontario.ca/page/what-ohip-covers

Prescription drug coverage: https://www.ontario.ca/page/get-coverage-prescription-drugs

Public Health Ontario UTI Program: https://www.publichealthontario.ca/en/Health-Topics/Antimicrobial-Stewardship/UTI-Program?tab=4

Confirm fees, referral requirements, eligibility and current service availability directly with the clinic, hospital, laboratory, pharmacist or program.

Sources

Canadian Urological Association recurrent UTI update: https://www.cua.org/sites/default/files/Professional-Development/GP%20SERIES/Update2024/rUTI_L.Campeau.pdf

Canadian Paediatric Society children's UTI stewardship statement: https://cps.ca/en/documents/position/management-urinary-tract-infections

HealthLink BC UTI in teenagers and adults: https://www.healthlinkbc.ca/healthwise/urinary-tract-infections-teenagers-and-adults

Public Health Ontario UTI Program: https://www.publichealthontario.ca/en/Health-Topics/Antimicrobial-Stewardship/UTI-Program?tab=4

Choosing Wisely Canada pathology recommendations: https://choosingwiselycanada.org/recommendation/pathology/

Government of Canada urinary health guide: https://www.canada.ca/en/department-national-defence/services/benefits-military/health-support/women-diversity-health/health-guide/wdh-urinary-health-guide.html

Alberta Health Services recurrent UTI pathway: https://myhealth.alberta.ca/recurrent-uti-pathway/start-treatment-prevention-strategies

AUA/CUA/SUFU recurrent UTI guideline 2025: https://www.auanet.org/documents/Guidelines/PDF/2025%20Guidelines/rUTI%20Update/rUTI%202025%20Unabridged%20Final.pdf

CDC clinical overview of UTI: https://www.cdc.gov/uti/hcp/clinical-overview/

IDSA 2025 complicated UTI guideline: https://www.idsociety.org/~/link/bc125f1fa47a47b7913b884cd368e8a0.aspx

USPSTF asymptomatic bacteriuria recommendation: https://www.uspreventiveservicestaskforce.org/uspstf/document/RecommendationStatementFinal/asymptomatic-bacteriuria-in-adults-screening

NICE lower UTI guideline NG109: https://www.nice.org.uk/guidance/ng109

EAU Guidelines on Urological Infections: https://uroweb.org/guidelines/urological-infections

NHS urinary tract infections: https://www.nhs.uk/conditions/urinary-tract-infections-utis/

Harrison’s Principles of Internal Medicine, 22nd edition, chapter 140: https://accessmedicine.mhmedical.com/content.aspx?bookid=3541&sectionid=294614246