Treatment and support options in Toronto

A starting point for verifying services, eligibility and costs.

General health education - no patient data
Not a diagnosis. Discuss your situation with a qualified clinician.

Start with a verified navigator

ConnexOntario offers free, 24/7 information and referral across Ontario: 1-866-531-2600. Confirm the current service, eligibility and intake route before travelling.

Health811 provides non-emergency health advice in Ontario at 811. The Ontario Poison Centre is available at 1-800-268-9017 when someone may have been poisoned.

Toronto and Ontario options to verify

- CAMH Medical Withdrawal Service - public hospital service; confirm current intake and eligibility.
- UHN Addiction Outpatient Program - UHN describes this voluntary outpatient program as covered by OHIP; confirm current referral and eligibility.
- Toronto Withdrawal Management Central Access - 1-866-366-9513; confirm placement and current availability.
- Bellwood Health Services - private provider; fees or insurance may apply.
- Renascent - mixed funding and fee-for-service pathways; program, fees and eligibility vary.

No provider in this guide is ranked as best or endorsed by Dr. Eduardo Jacques, Albany Medical Clinic or the Ontario government.

Coverage questions to ask

OHIP may cover medically necessary physician and hospital care, but it may not cover every counselling program, residential service, private clinic, room charge, transportation cost or medication after discharge.

- Is this service publicly funded, private-pay, insurance eligible or mixed?
- Is a health card required?
- Do I need a referral or can I self-refer?
- What are the current fees and hours?
- What happens after the first contact?

Sources and review record

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Canada.ca
Ontario and Canadian service-navigation information.
https://www.canada.ca/en/health-canada/services/substance-use/get-help-with-substance-use.html

ConnexOntario
Free Ontario service navigation.
https://connexontario.ca/

CAMH
Medical withdrawal service information.
https://www.camh.ca/en/your-care/programs-and-services/medical-withdrawal-service

UHN Addiction Outpatient Program
UHN outpatient addiction program information and OHIP statement.
https://www.uhn.ca/MentalHealth/Clinics/Addictions_Outpatient

Unity Health Toronto
Toronto withdrawal-management access information.
https://unityhealth.to/areas-of-care/mental-health-and-addictions/

Ontario OHIP
Official OHIP coverage explanation.
https://www.ontario.ca/page/what-ohip-covers

Physician review checkpoint: emergency wording, treatment descriptions, local service details, coverage classifications and this PDF must be reviewed before publication. This resource does not imply endorsement by Albany Medical Clinic or any service listed.