Ontario and Toronto thyroid resources

Navigation and coverage questions | original draft

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General health information only. This guide does not diagnose a condition or replace an assessment by a qualified clinician.

Eligibility, referral requirements, wait times and fees can change. Confirm details directly with the clinic, hospital, laboratory, pharmacist or program.

Ontario coverage questions

- OHIP generally covers medically necessary insured physician and hospital services; exact coverage depends on the service, setting and eligibility.
- Some private laboratory testing, supplements, forms, devices and allied-health services may be privately paid, employer-insured or program-dependent.
- Prescription medicines outside hospital are generally not covered by OHIP. ODB, OHIP+, Trillium, Exceptional Access and private plans have different rules.
- Ask the clinic, laboratory, pharmacist or program to confirm fees, referral requirements and eligibility.

Navigation

- Health811: call 811 for non-emergency nurse advice and service navigation; it is not an emergency service.
- Primary care: ask about a thyroid assessment, testing interpretation and whether referral is needed.
- Toronto hospitals, community health centres and endocrinology clinics may have different referral and access rules.
- In an emergency, call 911 or go to the nearest emergency department.

Sources opened and checked 20 November 2026

Canadian Task Force thyroid dysfunction: https://canadiantaskforce.ca/guidelines/published-guidelines/asymptomatic-thyroid-dysfunction/

Canadian Task Force clinician FAQ: https://canadiantaskforce.ca/wp-content/uploads/2024/06/CTFPHC_Thyroid-Dysfunction_Clinican-FAQ_BW_Final_2024.pdf

CMAJ / PubMed screening guideline: https://pubmed.ncbi.nlm.nih.gov/31740537/

HealthLink BC hypothyroidism: https://www.healthlinkbc.ca/healthwise/hypothyroidism

HealthLink BC thyroid hormone tests: https://www.healthlinkbc.ca/healthwise/thyroid-hormone-tests

Thyroid Foundation of Canada information package: https://thyroid.ca/wp-content/uploads/2023/06/TFC-Information-Package-1.pdf

Government of Canada postpartum care: https://www.canada.ca/en/public-health/services/publications/healthy-living/maternity-newborn-care-guidelines-chapter-5.html

Ontario OHIP coverage: https://www.ontario.ca/page/what-ohip-covers

Ontario medication coverage: https://www.ontario.ca/page/medication-coverage-results

Ontario Health811: https://www.ontario.ca/page/your-health

American Thyroid Association adult hypothyroidism: https://www.thyroid.org/hypothyroidism/

American Thyroid Association hormone treatment: https://www.thyroid.org/thyroid-hormone-treatment/

American Thyroid Association pregnancy guideline resource: https://www.thyroid.org/association-guidelines-management/

USPSTF thyroid screening: https://www.uspreventiveservicestaskforce.org/uspstf/index.php/recommendation/thyroid-dysfunction-screening

NICE NG145: https://www.nice.org.uk/guidance/ng145

NHS underactive thyroid: https://www.nhs.uk/conditions/underactive-thyroid-hypothyroidism/

European Thyroid Association levothyroxine guideline: https://pubmed.ncbi.nlm.nih.gov/40622204/

ATA hypothyroidism booklet: https://www.thyroid.org/wp-content/uploads/patients/brochures/Hypothyroidism_web_booklet.pdf